



Term and Year (Fall 2025)

SSE 211-2 Group Techniques Syllabus

Course Information

Course Title: Group Techniques

Course Prefix/Number: SSE 211-2

Semester: Fall 2025

Class Days/Times: Monday and Wednesday from 5:30 PM to 6:45 PM (Phoenix AZ time).

Credit Hours: 3.0

Instructor Information

Name: Ryan Rogers, DHS
Phone/Voice Mail: 530-712-8311
E-mail: rrogers@tocc.edu
Office location: Virtual by appointment
Office hours: Virtual by appointment

Course Description

Students examine the nature and development of group practice within behavioral health settings. Specific attention is given to group dynamics theory, leadership and group facilitation skills, stages of group development, theories and techniques adapted to a variety of treatment and task group contexts, ethical standards for group practice, and cultural/ethnic considerations in behavioral health group intervention.

Course Learning Outcomes

1. Investigate the various types of small groups, from work groups, informal friend groups, to highly structured groups such as organizational committees and therapeutic groups.
2. Determine how different types of leaders influence the group process.
3. Learn how groups can hinder or aid in conflict resolution.

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Course Syllabus

4. Understand how identification with a group influences an individual's behavior.
5. Gain group facilitation skills and learn how to effectively facilitate a group.
6. Will understand how personal growth can be developed out of a group.
7. Understand how group support and mutual understanding can aid in the healing process.
8. Have the opportunity to facilitate different types of groups.

Course Structure

This course online via Zoom course. This means we meet on Monday and Wednesday from 5:30 to 6:45 PM (Phoenix AZ time).

Ryan Rogers is inviting you to a scheduled Zoom meeting.

Topic: Group Technique Applications

Time: Aug 18, 2025 05:30 PM Mountain Time (US and Canada)

Every week on Mon, Wed

<https://us06web.zoom.us/j/89720508158>

Meeting ID: 897 2050 8158

One tap mobile

+16469313860,,89720508158# US

+19292056099,,89720508158# US (New York)

Join by SIP

- 89720508158@zoomcrc.com

Join instructions

<https://us06web.zoom.us/join/89720508158/invitations?signature=-XQuTrQw2ql2GojuGaw2UzhWj0ER5OkY56OER0g7B9M>

Course Learning Materials and Textbook Information

Zastrow, C., & Hessenauer, S. L. (2018). Empowerment Series: Social Work with Groups: Comprehensive Practice and Self-Care (10th ed.). Cengage Learning.

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Courses Outline and Schedule of Activities

Week	Topic	Assignment
1	Introductions	Discussion: Class Introduction. Reading: Chapter 1
2	Personal Inventories	Reading: Chapter 2 Emotional Intelligence Activity Assignment: Week 1 and 2 Reflection
3	Introduction to Groups	Assignment: Identity, Culture, and Diversity Paper, Reading: Chapter 3
4	Foundations of Group Therapy	Reading: The Importance of Group Therapy Assignment: Week 3 and 4 Reflection
5	Group Dynamics	Reading: Chapter 4 Discussion: Group Boundaries
6	Communication	Reading: Chapter 5 Assignment Week 5 and 6 Reflection
7	No Class Fall Break 9/29-10/12	
8	Group Taskings	Reading: Chapter 6 Assignment: Week 8 Reflection
9	Diversity of Group Members	Reading: Chapter 7 Discussion: Divergent
10	Self-Help and Families	Reading: Chapters 8&9 Assignment: Week 9 and 10 Reflection
11	Organizations, Communities and Groups	Reading: Chapter 10 Discussion: Models
12	Treatment Groups	Reading: Chapters 11 & 12 Assignment: Week 11 and 12 Reflection
13	Vulnerable Populations	Reading: Chapter 13 Assignment: Analyzing Group Processes and Therapeutic Change Paper
14	Ending Groups	Reading: Chapter 14 (Start on Final Paper)
15	Finals Week	Assignment: Final Paper

Attendance: Attendance is counted in percentage of classes attended and counts towards your final grade. Attending class later than 5 minutes after the class starts will be considered late and will count as 75% of attendance for that class.

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Fall Admissions Deadline	Aug 8, 2025
Faculty Return	Aug 11, 2025
First Day of Instruction	Aug 18, 2025
Registration (to add) Deadline	Aug 22, 2025
Labor Day – College Closed	Sep 1, 2025
Drop/Full Refund Deadline	Sep 2, 2025
Fall Break – No classes	Sep 29 -Oct 4, 2025
45th Day Census	Oct 1, 2025
Spring Registration Begins	Oct 20, 2025
Withdrawal Deadline	Oct 29, 2025
Veterans Day – College Closed	Nov 11, 2025
Thanksgiving Holiday – College Closed	Nov 27, 2025
Native American Heritage Day – College Closed	Nov 28, 2025
Spring/Summer Graduation Application Due	Dec 1, 2025
Last Day of Instruction	Dec 5, 2025
Final Exams	Dec 8-11, 2025
Final Grades Due	Dec 12, 2025
Winter Break – College Closed	Dec 25 - 2025 - Jan 1, 2026

Policies and Expectations (organized around SCAC's ARROW framework – accountability, respect, resilience, openness, and wisdom)

Accountability: (defines grade expectations and accountability for coursework; emphasizes students' responsibility for original work and proper citation; stresses punctuality, participation, and consequences of absences)

Evaluations and Grading & Assignments:

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Course Syllabus

90 and above is an A

80 - 89 is a B

70 - 79 is a C

60 - 69 is a D

Under 60 is Failing

Your grade will be determined by the following:

[Course Grading Matrix; how the course grade will be determined using above Full Letter grades only (points, percentages etc.)

Attendance Policy

You are expected to arrive to class on time and be prepared to participate in each class period. Four unexcused absences may result in withdrawal and a "W" or "Y" will be recorded. You may request to be excused from class for religious observances and practices, for illness, for school or work-related travel or for personal or family emergency. If you will be absent, please notify the instructor as soon as possible.

Academic Integrity:

Violations of scholastic ethics are considered serious offenses by San Carlos Apache College. Students may consult the SCAC Student Handbook sections on student code of conduct, on scholastic ethics and on the grade appeal procedure.

All work done for this class must be your own, or the original work of your group. While you may discuss assignments with other class members, the final written project must clearly be original. You may use work from books and other materials if it is properly cited.

Instructor Withdrawals

Students who have missed four consecutive classes (or the equivalent), or have not submitted any assignments nor taken any quizzes by the 45th day census report, due on [date of 45th day found in Academic Calendar on SCAC website], are assumed NOT to be participating in the class and may be withdrawn at the faculty member's discretion.

Student Withdrawals

Students may withdraw from class at any time during the first 2/3 of the semester without instructor permission and without incurring any grade penalty. Please be sure to withdraw yourself by [withdrawal deadline date found in Academic Calendar on SCAC website] if you do not expect to complete the class; otherwise, you may receive an "F" grade.

RESPECT (Establishes a respectful learning environment free from discrimination; promotes a safe and inclusive campus).

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Equal Access Statement/Disability Accommodations

San Carlos Apache College seeks to provide reasonable accommodations for qualified individuals with disabilities. The College will comply with all applicable regulations, and guidelines with respect to providing reasonable accommodations as required to ensure an equal educational opportunity. This process includes self-identifying as a student with a disability, providing supporting documentation of their disability, and being approved for services through the Disability Resources Office (DRO). It is the student's responsibility to make known to their instructor(s) the student's specific needs within the context of each class in order to receive appropriate accommodations. We will work together in order to develop an accommodation plan specifically designed to meet the individual student's requirements.

For more information or to request academic accommodations, please contact: Anthony Osborn, TOCC Disabilities Resource Coordinator, aosborn@tocc.edu, or 520-383-0033 for additional information and assistance.

Title IX

San Carlos Apache College encourages each student to have the knowledge and skills to be an active bystander who intervenes when anyone is observed or being harassed or endangered by sexual violence. Sexual discrimination and sexual violence can undermine students' academic success and quality of life on campus and beyond. We encourage students who have experienced or witnessed any form of sexual misconduct to talk about their experience and seek the support they need.

Conduct: Bias, Bullying, Discrimination and Harassment

San Carlos Apache College faculty and staff are dedicated to creating a safe and supportive campus environment as a core value. Harassment based on age, class, color, culture, disability and ability, ethnicity, gender, gender identity and expression, immigration status, marital status, political ideology, race, religion/spirituality, sex, sexual orientation, and tribal sovereign status will not be tolerated.

RESILIENCE (Supports students facing unavoidable circumstances and recognizes hardships, while setting academic expectations).***Incomplete Policy***

Incomplete (I) grades are not awarded automatically. The student must request an "I" from the instructor who can choose to award an Incomplete only if all three of the following conditions are met:

1. The student must be in compliance with the attendance policy.
2. The student must have unavoidable circumstance that would prohibit the student from completing the course.

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Course Syllabus

3. The student must have completed over 75% of the course requirements with at least a "C" grade.

Incompletes are not a substitute for incomplete work due to frequent absences or poor academic performance. Incomplete grades that are not made up by the end of the ninth week of the following semester will be automatically changed to an F if the agreed upon work, as stipulated on the written form signed by the instructor and the student when the I grade is awarded, is not completed.

Special Withdrawals (Y) Grade

The "Y" grade is an administrative withdrawal given at the instructor's option when no other grade is deemed appropriate. Your instructor must file a form stating the specific rationale, with documentation, for awarding this grade. "Y" grades are discouraged since they often affect students negatively. Your instructor will not award a "Y" grade without a strong reason.

OPENNESS (Encourages open discussions between students and faculty and provides transparency about expectations and learning methods)

Courses Outline and Important Dates

[Weekly structure, reading assignments, class projects, due date, exams, etc. details regarding assignments, exams, projects with due dates and any instructions for work. Make sure that you have one or more learning activities in the calendar/schedule that address each outcome. An activity can address more than one outcome.)

Faculty/Student Communication

A faculty member will respond to a student's communication within 24 hours of receiving the communication excluding weekends and college closures. If a course is online a faculty will login their Canvas classroom a minimum of three times per week spread evenly throughout the week and respond to any discussion posts and check on student progress in the course.

Course Feedback:

All assignments will be graded and returned to the students promptly, typically within a week after the assignment is closed for handing in. Email and phone messages will be returned within 24 hours. A student or the instructor may request a student conference at any time during the semester. Quarterly grade reports will be provided to each student, either in person, by email or via the electronic system of Canvas.

WISDOM (Encourages evaluation, reasoning and diverse perspectives; emphasizes organized and audience-aware expression, and promotes

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learning from elders and cultural teachings for personal and academic growth)

SCAC General Education Learning Outcomes

Apache Wisdom

Learning from the teachings carried on from Apache elders and other community leaders, students will appreciate their unique history, language, and culture as a source of strength for their personal, family, academic, and career aspirations.

Critical Thinking

Approach critical issues, problems, or questions using creativity and deductive reasoning, evaluating evidence, acknowledging diverse perspectives and contexts, and synthesizing one's own viewpoint into ongoing conversations and debates.

Communication

Effectively express ideas orally and in writing. Good communication includes understanding one's audience, organizing one's thoughts, acknowledging and integrating outside sources, using the most recent technology, and following the accepted writing and citation conventions of the particular discipline.

Environmental Literacy

Students will understand their connection to social, cultural, physical, and global environments. Students will consider and evaluate strategies for cultural, community and global sustainability.

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