



## Syllabus: **SSE 121-2: Introduction to Substance Abuse**

### Course Information

Course Title: Introduction to Substance Abuse

Course Prefix/Number: SSE-121-2

Semester: Fall 2022

Class Days/Times: M/W 5:30-6:45p (Online w/Zoom)

Credit Hours: 3

### Instructor Information

Randy Begay, M.Ed., M.S

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Office location: Zoom by appointments

*Summer Session office hours:  
Office Hours as Requested via zoom*

### Course Description

Introduction to the history of drug abuse, including alcohol in the United States. Includes classification of drugs, historical review of drug laws, prohibition, and theories of addiction, treatment, strategies, cultural perspectives and treatment interventions. Also includes special populations, education, and available resources to addicts, alcoholics and their families.

Prerequisite – none.

### Student Learning Outcomes for This Course

1. Identify the history and classification of psychoactive drugs, the use of drugs across the life span, the impact of heredity and environment on drug use, the development of substance use disorders, community capacities and strength-based principles in addressing substance use disorders.
2. Identify other drugs and addictions, the impact of drug use on mental health, including dual diagnoses or co-occurring disorders, and the impact of decriminalization or legalization of marijuana in addressing substance use disorders.
3. Identify the prevalence of substance use and substance use disorders, health care reforms and integrated care, and the competencies of addiction counseling.
4. Describe psychoactive substances by category (stimulants, depressants, opiates, opioids & sedative hypnotics, psychedelics, hallucinogens, cannabinoids, etc.) and describe their actions on the brain and body, including the mechanisms of tolerance, tissue dependence, withdrawal and craving, as well as other physical and emotional effects.

## Course Structure

This introductory course is delivered through zoom with online learning activities and assignments. Online learning supports student interaction through discussion and mastery of content. Students are expected to be ready to engage in structured learning activities.

## Course Learning Materials and Textbook Information

- Maisto, S. Galizio, M. & Connors, G. (2019). Drug Use and Abuse (8th ed.). Cengage Learning Inc.
- MindTap – Cengage Learning Tools
- Other articles as assigned in Canvas

## Course Outline and Important Dates

<b>Course Schedule</b> <i>Quizzes are due every Mondays by Midnight (11:59pm)</i> <i>Discussion will be open from Monday 8 a.m. to the next Monday 11:59 p.m.</i>		
Semester Week/Date	Weekly Topic & Chapter Reading	Assignments <i>Activity is due the day of class unless otherwise noted</i>
<b><u>Week 1</u></b> 8/22/2022	- Review: - Syllabus - Canvas	Read Chapter 1 – Drug Use and Abuse Discussion Question Chapter 1 (5 pts)
8/24/2022	Chapter 1 – Drug Use and Abuse (Zoom Lecture and Discussion)	Quiz Chapter 1 (10 pts)
<b><u>Week 2</u></b> 8/29/2022	Read Chapter 2 – Drug Use: Yesterday and Today (Independent Study)	Discussion Question Chapter 2 (5 pts)
8/31/2022	Chapter 2 – Drug Use: Yesterday and Today (Zoom Lecture and Discussion)	Quiz Chapter 2 (10 pts)
<b><u>Week 3</u></b> 9/5/2022	Read Chapter 3 – Drugs and the Nervous System (Independent Study)	Discussion Question Chapter 3 (5 pts)
<b>Holiday</b>		
9/7/2022	Chapter 3 – Drugs and the Nervous System (Zoom Lecture and Discussion)	Quiz Chapter 3 (10 pts)
<b><u>Week 4</u></b> 9/12/2022	Read Chapter 4- Pharmacology (Independent Study)	Discussion Question Chapter 4 (5 pts)
9/14/2022	Chapter 4- Pharmacology (Zoom Lecture and Discussion)	Quiz Chapter 4 (10 pts)
<b><u>Week 5</u></b> 9/19/2022	Read Chapter 5- Psychopharmacology and New Drug Development (Independent Study)	Discussion Question Chapter 5 (5 pts)
9/21/2022	Chapter 5- Psychopharmacology and New Drug Development (Zoom Lecture and Discussion)	Quiz Chapter 5 (10 pts)
<b><u>Week 6</u></b> 9/26/2022	Read Chapter 6 – Cocaine, Amphetamine, and Related Stimulants (Independent Study)	Discussion Question Chapter 6 (5 pts)

9/28/2022	Chapter 6 – Cocaine, Amphetamine, and Related Stimulants (Zoom Lecture and Discussion)	Quiz Chapter 6 (10 pts)
<b>Fall Break</b>		
<b><u>Week 7</u></b> 10/10/2022	Read Chapter 7 – Nicotine (Independent Study)	Discussion Question Chapter 7 (5 pts)
10/12/2022	Chapter 7 – Nicotine (Zoom Lecture and Discussion)	Quiz Chapter 7 (10 pts)
<b><u>Week 8</u></b> 10/17/2022	Read Chapter 8 – Caffeine (Independent Study)	Discussion Question Chapter 8 (5 pts)
10/19/2022	Chapter 8 – Caffeine (Zoom Lecture and Discussion)	Quiz Chapter 8 (10 pts)
<b><u>Week 9</u></b> 10/24/2022	Read Chapter 9 – Alcohol (Independent Study)	Discussion Question Chapter 9 (5 pts)
10/26/2022	Chapter 9 – Alcohol (Zoom Lecture and Discussion)	Quiz Chapter 9 (10 pts)
<b><u>Week 10</u></b> 10/31/2022	Read Chapter 10 – Opiates (Independent Study)	Discussion Question Chapter 10 (5 pts)
11/2/2022	Chapter 10 – Opiates (Zoom Lecture and Discussion)	Quiz Chapter 10 (10 pts)
<b><u>Week 11</u></b> 11/7/2022	Read Chapter 11 – Marijuana (Independent Study)	Discussion Question Chapter 11 (5 pts)
11/9/2022	Chapter 11 – Marijuana (Zoom Lecture and Discussion)	Quiz Chapter 11 (10 pts)
<b><u>Week 12</u></b> 11/14/2022	Read Chapter 12 – Hallucinogens	Discussion Question Chapter 12 (5 pts)
11/16/2022	Chapter 12 – Hallucinogens (Zoom Lecture and Discussion)	Quiz Chapter 12 (10 pts)
<b><u>Week 13</u></b> 11/21/2022	Read Chapter 13 – Psychotherapeutic Medications	Discussion Question Chapter 13 (5 pts)
11/23/2022	Chapter 13 – Psychotherapeutic Medications (Zoom Lecture and Discussion)	Quiz Chapter 13 (10 pts)
<b><u>Week 14</u></b> 11/28/2022	Read Chapter 14 – Other Prescription and Over-the Counter Drugs	Discussion Question Chapter 14 (5 pts)
11/30/2022	Chapter 14 – Other Prescription and Over-the Counter Drugs (Zoom Lecture and Discussion)	Quiz Chapter 14 (10 pts)
<b><u>Week 15</u></b> 12/5/2022	Read Chapter 15 – Treatment of Substance Use Disorders	Discussion Question Chapter 15 (5 pts)
12/7/2022	Chapter 15 – Treatment of Substance Use Disorders (Zoom Lecture and Discussion)	Quiz Chapter 15 (10 pts)

<b>Week 16</b> 12/12/2022	Presentations of Substance Abuse Prevention Campaign Ad (75 pts)	Group One
12/14/2022	Presentations of Substance Abuse Prevention Campaign Ad (75 pts)	Group Two 12/16/22 Last Day to Submit Assignments

## Evaluations and Grading & Assignments

### Grading Scale

90 – 100% (270-300) is an A

80 – 89% (240-269) is a B

70 – 79% (210-239) is a C

60 – 69% (180-209) is a D

Under 60% (<180) is Failing

### Your grade will be determined and evaluated by the following:

- Your course grade will be determined using the above full letter grades.
- Learning assessment consists of weekly discussions/activities, class presentation, mastery training, quizzes and a comprehensive exam.
- Additional assignments (other than below) may be added at the discretion of the instructor, to allow an opportunity for students' mastery demonstration during the semester.
- Students that receive **below 70% C must repeat the course for transfer credit.**
- All work must be submitted online as directed in each specific assignment. It is important to read the directions before submitting your work. Please do not e-mail an assignment to me, as it will not be graded.

### Standards for Written Assignments

Course assignments are the student's opportunity to display mastery of the course concepts, terms, and competencies. Assignments will not only be graded on the quality of the knowledge conveyed, but how well those ideas are communicated in writing. This includes avoidance of the use of language that degrades women, Persons of Color, Gay, Lesbian, Bisexual, Transgender and other diverse and/or at-risk populations.

- All work is assessed for scholarly writing adhering to critical content, accurate spelling, grammar, and organization/flow.
- Students are strongly encouraged to utilize college writing support/tutor resources to assist in meeting these standards.
- Assignments should be submitted in the *Canvas* course portal.
- If you believe that you will be unable to submit assignments, please, alert your instructor prior to the due date. Make-up assignment may be rescheduled, if an accepted absence. All make-up work must be submitted within 7 days of the missed assignment. Bottom-line, communication with the instructor is critical.
- Assignments submitted after the 7 days will receive 0 points.
- It is the student's responsibility to know what assignments may be missing or the submission due date.

### Assignment Descriptions

Students are provided weekly assignments that address the learning outcomes of this course (see above).

**The total learning evaluation points possible for this course is 300 points.**

1. **Quiz:** 10 points per Chapter @ 15 Chapters = 150 points
2. **Discussion Questions:** 5 points per Chapter @ 15 Chapters = 75 points
3. **Prevention Campaign Ad:** 75 points

### **San Carlos Apache Cultural Component**

Human behavior, mental processes, and indeed our interpretation of such things always occurs within the context of culture. During the exploration of each of the topic areas within this course, emphasis will be placed on how each concept is viewed through the lens of the *San Carlos Apache* way of life and experience

#### ***San Carlos Apache Core Values (Hago Nnee ndlij ni bee adat'ée-go)***

**Respect – Our Belief (Nohwiji Odlá')**

**Wellbeing – (Nohwiji Tsi' Nzhoo-go)**

**Respect (Nohwiji Dilziini Nldzil-go)**

**Together (Dalazhi Nada sijdid-go)**

### **Policies and Expectations**

#### Attendance Policy:

You are expected to arrive to class on time and be prepared to participate in each class period. Four unexcused absences may result in withdrawal and a “W” or “Y” will be recorded. You may request to be excused from class for religious observances and practices, for illness, for school or work-related travel or for personal or family emergency. If you will be absent, please notify the instructor as soon as possible.

#### Academic Integrity:

Violations of scholastic ethics are considered serious offenses by San Carlos Apache College, the Student Services Department, and by your instructor. Students may consult the SCAC Student Handbook sections on student code of conduct, on scholastic ethics and on the grade appeal procedure. Copies are available at San Carlos Apache College.

#### Course Feedback:

All assignments will be graded and returned to the students promptly, typically within a week after the assignment is closed for handing in. Email messages will be returned within two days. Quarterly grade reports will be provided to each student, either in person, by email or via the electronic system of Canvas.

### **Incomplete Policy**

Incomplete (I) grades are not awarded automatically. The student must request an "I" from the instructor who can choose to award an Incomplete only if all three of the following conditions are met:

1. The student must be in compliance with the attendance policy.
2. The student must have unavoidable circumstance that would prohibit the student from completing the course.
3. The student must have completed over 75% of the course requirements with at least a “C” grade.

Incompletes are not a substitute for incomplete work due to frequent absences or poor academic performance. Incomplete grades that are not made up by the end of the ninth week of the following semester

will be automatically changed to an “F” if the agreed upon work, as stipulated on the written form signed by the instructor and the student when the “I” grade is awarded, is not completed.

### **Instructor Withdrawals**

Students who have missed four consecutive classes (or the equivalent) not submitted any assignments nor taken any quizzes by the 45th day census report, due on [date of 45th day found in Academic Calendar on SCAC website] are assumed NOT to be participating in the class and may be withdrawn at the faculty member’s discretion. [faculty members should be clear in their withdraw policy, if you do not withdraw students please note in appropriate sections].

### **Student Withdrawals**

Students may withdraw from class at any time during the first 2/3 of the semester without instructor permission and without incurring any grade penalty. Please be sure to withdraw yourself by [withdrawal deadline date found in Academic Calendar on SCAC website] if you do not expect to complete the class, otherwise you may receive an "F" grade.

### **Special Withdrawals (Y) Grade**

The “Y” grade is an administrative withdrawal given at the instructor’s option when no other grade is deemed appropriate. Your instructor must file a form stating the specific rationale for awarding this grade. “Y” grades are discouraged since they often affect students negatively. Your instructor will not award a "Y" grade without a strong reason.

### **Equal Access Statement/Disability Accommodations**

San Carlos Apache College seeks to provide reasonable accommodations for qualified individuals with disabilities. The College will comply with all applicable regulations, and guidelines with respect to providing reasonable accommodations as required to ensure an equal educational opportunity. This process includes self-identifying as a student with a disability, providing supporting documentation of their disability, and being approved for services through the Disability Resources Office (DRO). It is the student's responsibility to make known to their instructor(s) the student’s specific needs within the context of each class in order to receive appropriate accommodations. We will work together in order to develop an accommodation plan specifically designed to meet the individual student's requirements.

For more information or to request academic accommodations, please contact: Anthony Osborn, TOCC Disabilities Resource Coordinator, aosborn@tocc.edu, or 520-383-0033 for additional information and assistance.

### **Title IX**

San Carlos Apache College encourages each student to have the knowledge and skills to be an active bystander who intervenes when anyone is observed or being harassed or endangered by sexual violence. Sexual discrimination and sexual violence can undermine students’ academic success and quality of life on campus and beyond. We encourage students who have experienced or witnessed any form of sexual misconduct to talk about their experience and seek the support they need.

### **Conduct: Bias, Bullying, Discrimination and Harassment**

San Carlos Apache College faculty and staff are dedicated to creating a safe and supportive campus environment as a core value. Harassment based on age, class, color, culture, disability and ability, ethnicity,

gender, gender identity and expression, immigration status, marital status, political ideology, race, religion/spirituality, sex, sexual orientation, and tribal sovereign status will not be tolerated.

All work done for this class must be your own, or the original work of your group. While you may discuss assignments with other class members, the final written project must clearly be original. You may use work from books and other materials if it is properly cited. Copying from a book without proper reference or from a person under any circumstances will result in an “F” for the assignment, and at the instructor’s discretion, possibly an “F” for the course. If you are uncertain about proper citations, ask your instructor or the librarian.

### **Technology for this course**

1. Microsoft software: Assignments will require you to submit uploaded attachments or post other evidence of learning through Canvas. Microsoft software must be used to complete all assignments. Microsoft Word must be used to complete all written assignments (not Microsoft Works, not WordPerfect, not Works, etc.).