



Syllabus: PSY 214-1 ABNORMAL PSYCHOLOGY

Course Information

Course Prefix/Number: PSY 214-1
Semester: Spring 2021
Class Days/Times: **Online**

Credit Hours: 3
Course Title: Abnormal Psychology
Room: Online

Instructor Information:

Name: AMITA UPPAL

Phone/Voice Mail:

E-mail: amitauppal@yahoo.com

Office location: SCAC

Course Description:

This course is an undergraduate level introduction to the concepts of abnormality, mental health and mental illness. It serves as an introduction to the concepts of normality and abnormality in a cultural context. It also covers current diagnostic categorizations of abnormality and treatment of mental illness along with historical perspectives on these diagnoses and treatments. Abnormal psychology examines the causes, diagnosis, assessment, treatment, and possible prevention of mental disorders; including historical and current theoretical perspectives, classification systems, cultural perspectives and ethical issue

Course Objectives:

During this course students will be able to:

1. Demonstrate knowledge of fundamental theoretical perspectives, principles, concepts, vocabulary and methodology of the study of abnormal psychology.
2. Compare and contrast the major theoretical perspectives found in abnormal psychology.
3. Compare and contrast different classifications of psychological disorders and how culture and social changes influence individual's perceptions of these disorders .
4. Critically analyze information pertaining to abnormal psychology found in film, television, radio, print, and IT sources.
5. Describe the relevance of religion, race, class, gender, age, and ethnicity to understanding differences in the prevalence of disorders and the diagnosis, prognosis, and treatment of these disorder.

Student Learning Outcomes (SLOs):

After completion of the course students will be able to:

1. Apply their knowledge of Abnormal Psychology to adapt to cultural changes in their personal and professional lives.
2. Comprehend the relevance of religion, race, class, gender, age, and ethnicity to understanding differences in the prevalence of disorders and the diagnosis, prognosis, and treatment of these disorders.
3. Analyze information pertaining to abnormal psychology found in film, television, radio, print, and IT sources in relation to their own lives.

Course Structure:

The structure of this course is lecture, class activities, student writing, and student presentations. The goal is to provide the student with a broad survey of the field of Psychology but allow the student to research areas of interest more specifically through class activities and assignments.

Texts and Materials:

American Psychiatric Association (2013).
Diagnostic and Statistical Manual of Mental Disorders (5th ed).

Washington, DC: American Psychiatric Publishing Comer, R.J. (2013).
Abnormal Psychology (8th ed). New York, NY: Worth Publishing.
(PDF located on Canvas)

Evaluation and Grading & Assignments:

90 and above is an A

80 - 89 is a B

70 - 79 is a C

60 - 69 is a D

Under 60 is Failing

Your grade will be determined by the following:

[Course Grading Matrix; how the course grade will be determined using above Full Letter grades only (points, percentages etc.)]

In addition-

1. Timely completion of all coursework. All HW for the week to be emailed by the Friday of the week.
2. Passing to semester based exams and comprehensive final exam.
3. Completion of all class activities as assigned throughout the semester.
4. Participation – Logging in at least twice a week. (512 points, 39% of final grade)

Apache Cultural Component: San Carlos Apache College is in the process of developing culturally relevant curriculum and coursework in Apache history, culture, and language. Student and community feedback will guide this process. All SCAC instructors will find ways to incorporate culturally relevant topics and materials into their courses as appropriate.

Policies and expectations-

Attendance Policy

You are expected to arrive to class on time and be prepared to participate in each class period. Four unexcused absences may result in withdrawal and a “W” or “Y” will be recorded. You may request to be excused from class for religious observances and practices, for illness, for school or work-related travel or for personal or family emergency. If you will be absent, please notify the instructor as soon as possible. (Revise as needed for the online environment.)

Academic Integrity:

Violations of scholastic ethics are considered serious offenses by San Carlos Apache College. Students may consult the SCAC Student Handbook sections on student code of conduct, on scholastic ethics and on the grade appeal procedure.

All work done for this class must be your own, or the original work of your group. While you may discuss assignments with other class members, the final written project must clearly be original. You may use work from books and other materials if it is properly cited.

Course Feedback:

All assignments will be graded and returned to the students promptly, typically within a week after the assignment is closed for handing in. Email and phone messages will be returned within two days. A student or the instructor may request a student conference at any time during the semester. Quarterly grade reports will be provided to each student, either in person, by email or via the electronic system of Canvas.

Incomplete Policy

Incomplete (I) grades are not awarded automatically. The student must request an "I" from the instructor who can choose to award an Incomplete only if all three of the following conditions are met:

1. The student must be in compliance with the attendance policy.
2. The student must have unavoidable circumstance that would prohibit the student from completing the course.
3. The student must have completed over 75% of the course requirements with at least a "C" grade.

Incompletes are not a substitute for incomplete work due to frequent absences or poor academic performance. Incomplete grades that are not made up by the end of the ninth week of the following semester will be automatically changed to an F if the agreed upon work, as stipulated on the written form signed by the instructor and the student when the I grade is awarded, is not completed.

Instructor Withdrawals

Students who have missed four consecutive classes (or the equivalent) not submitted any assignments nor taken any quizzes by the 45th day census report, due on [date of 45th day found in Academic Calendar on SCAC website] are assumed NOT to be participating in the class and may be withdrawn at the faculty member's discretion. [faculty members should be clear in their withdraw policy, if you do not withdraw students please note in appropriate sections].

Student Withdrawals

Students may withdraw from class at any time during the first 2/3 of the semester without instructor permission and without incurring any grade penalty. Please be sure to withdraw yourself by [withdrawal deadline date found in Academic Calendar on SCAC website] if you do not expect to complete the class, otherwise you may receive an "F" grade.

Special Withdrawals (Y) Grade

The "Y" grade is an administrative withdrawal given at the instructor's option when no other grade is deemed appropriate. Your instructor must file a form stating the specific rationale for awarding this grade. "Y" grades are discouraged since they often affect students negatively. Your instructor will not award a "Y" grade without a strong reason.

Equal Access Statement/Disability Accommodations

San Carlos Apache College seeks to provide reasonable accommodations for qualified individuals with disabilities. The College will comply with all applicable regulations, and guidelines with respect to providing reasonable accommodations as required to ensure an equal educational opportunity. This process includes self-identifying as a student with a

disability, providing supporting documentation of their disability, and being approved for services through the Disability Resources Office (DRO). It is the student's responsibility to make known to their instructor(s) the student's specific needs within the context of each class in order to receive appropriate accommodations. We will work together in order to develop an accommodation plan specifically designed to meet the individual student's requirements.

For more information or to request academic accommodations, please contact: Anthony Osborn, TOCC Disabilities Resource Coordinator, aosborn@tocc.edu, or 520-383-0033 for additional information and assistance.

Title IX

San Carlos Apache College encourages each student to have the knowledge and skills to be an active bystander who intervenes when anyone is observed or being harassed or endangered by sexual violence. Sexual discrimination and sexual violence can undermine students' academic success and quality of life on campus and beyond. We encourage students who have experienced or witnessed any form of sexual misconduct to talk about their experience and seek the support they need.

Conduct: Bias, Bullying, Discrimination and Harassment

San Carlos Apache College faculty and staff are dedicated to creating a safe and supportive campus environment as a core value. Harassment based on age, class, color, culture, disability and ability, ethnicity, gender, gender identity and expression, immigration status, marital status, political ideology, race, religion/spirituality, sex, sexual orientation, and tribal sovereign status will not be tolerated.

Course Outline:

1. Defining Abnormal Psychology and the role of culture
2. Deviant behavior versus psychological dysfunction
3. Assessment and treatment of psychological disorders
4. Childhood and developmental problems
5. Mood
6. Stress and anxiety
7. Mind and body
8. Psychosis

DISCLAIMER: This syllabus is designed to evolve and change throughout the semester based on class progress and interests. You will be notified of any changes as they occur.

