



Syllabus: SSE 121-2 Introduction to Substance Abuse

Course Information

Course Prefix/Number: SSE 121-2
Semester: Fall 2019
Class Days/Times:
Tuesday and Thursday 7:00-8:15pm

Credit Hours: 3 hrs
Course Title: Introduction to Substance Abuse
Room: TBA

Instructor Information:

Name:
Dr. Imac Holmes Ed.D LPC LCADC ACS

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Office location:
Office hours:

Course Description:

This course provides a historical overview of the abuse of alcohol and other drugs in the United States. The material that is covered includes classification of drugs, historical review of drug laws, prohibition, theories of addiction, treatment strategies/interventions, cultural perspectives, special populations, education, prevention, resources that are available to people with a substance abuse problem, and resources that are available to the family members of people with a substance abuse problem.

Course Objectives:

During this course, students will identify

- a) the history of drug use, legalization and law enforcement
- b) major pharmacological classifications of drugs,
- c) physiological and psychological effects of substance use and dependence
- d) the impact of alcohol and drugs in the United States and the Apache Nation
- e) the consequences of substance use during pregnancy and the impact of use on the family
- f) substance abuse and mental illness
- g) overview of treatment and recovery models

Student Learning Outcomes (SLOs): (Three to Six)

After completion of the course students will be able to

- a) define chemical dependency, substance abuse, tolerance, withdrawal, slip, relapse, fetal alcohol syndrome, HIV, and gateway drugs
- b) name eight pharmacological classifications of drugs
- c) name and describe at least three specific drugs within each pharmacological classification
- d) describe specific behaviors that are considered to be signs of adolescent substance abuse
- e) describe why the involvement of the family of a person with an alcohol or drug problem is considered to be critical for his/her recovery
- f) name four models of treatment for substance use disorders
- g) describe why substance abuse prevention efforts are necessary
- h) articulate issues related to providing treatment to persons with co-occurring psychiatric disorders
- i) describe the impact of substance abuse on the individual and family.

Course Structure:

The learning experience in this course will be accomplished through readings, lectures, class discussions, reflective journal writing, and written examinations.

The instructional design combines didactic presentations and class discussions with a focus on applying and reinforcing the course content.

Attitudes toward substance abuse are addressed throughout the course as students share information and personal experiences and apply the concepts covered in the course.

Relevancy of specific issues and concepts as they pertain to the Apache Nation (e.g., alcohol abuse, drug abuse, substance use during pregnancy, adolescent substance use, the impact of substance abuse on the family, and substance abuse treatment) is an integral component of this course.

Texts and Materials:

Abadinsky, H. (2018). *Drug use and abuse*. 9th edition. (Publisher- Cengage learning).

Evaluation and Grading & Assignments:

Attendance Participation and Professionalism= 150 points

Quizzes 10 @30 pts. ea.= 300 pts.

Research Paper = 150 pts.

2 Article Reviews 2 @100 pts. ea.= 200 pts.

Final Exam = 200 pts.

Grades for the course are determined as follows:

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| A | 900-1000 pts. |
| B | 800-899 pts. |
| C | 700-799 pts. |
| D | 600-6999 pts. |
| F | 590 pts. or less |

Apache Cultural Component:

San Carlos Apache College is in the process of developing culturally relevant curriculum and coursework in Apache history, culture, and language. Student and community feedback will guide this process. All SCAC instructors will find ways to incorporate culturally relevant topics and materials into their courses as appropriate.

Policies and expectations-

- Student is expected to complete all reading assignments before the class session and come prepared to participate in class discussions.
- Attendance and promptness are essential. Please do your best to arrive on time for class. The instructor holds the option to deduct points for excessive tardiness and non-attendance.
- Professionalism and positive attitude is expected in the classroom as we interact on sensitive topics.
- Academic Integrity: Students must realize that plagiarism (representing ideas or writing of another as one's own) or obtaining unauthorized assistance in any academic work is prohibited.
- ADA services are available to students. Please inform the professor of any accommodations in place and refer to the Apache College handbook for appropriate resources.

Course Outline: *(Subject to change)*

<i>Tuesday 8-20 and Thurs 8-22</i>	Chapter 1: An Introduction to Drug use and abuse	Read ch. 1 Quiz #1
<i>Tuesday 8-27 and Thurs</i>	Chapter 2: History of drug use and drug legislation	Read ch. 2 Quiz #2
<i>Tuesday 9-3 and Thurs 9-5</i>	Chapter 3: The biology of psychoactive substances	Read ch. 3 Quiz #3
<i>Tuesday 9-10 and Thurs 9-12</i>	Chapter 4 Stimulants	Read ch. 4 Quiz #4
<i>Tuesday 9-17 and Thurs 9-19</i>	Chapter 5 Depressants	Read ch. 5 Quiz #5
<i>Tuesday 9-24 and Thurs 9-26</i>	Chapter 6 Hallucinogens, marijuana, inhalants, and prescription drugs	Read ch. 6 Quiz #6
<i>Fall Break October 1-4</i>	No classes	
<i>Tuesday 10-8 and Thurs 10-10</i>	Chapter 7: Psychology and sociology of drug use	1st review of article DUE

<i>Tuesday 10-15 and Thurs10-17</i>	Chapter 8: Preventing and treating drug use	Quiz #7
<i>Tuesday 10-22 and Thurs10-24</i>	Chapter 9: The drug business	Quiz #8
<i>Tuesday 10-29 and Thurs10-31</i>	Chapter 10: Drug laws and enforcement	Quiz #9
<i>Tuesday 11-5 and Thurs11-7</i>	Chapter 11 U.S drug policy	Research Paper DUE
<i>Tuesday 11-12 and Thurs 11-14</i>	Issues pertinent to San Carlos	
<i>Tuesday 11-19 and Thurs11-21</i>	Chapter 12: Global drug policy	2nd Review of article DUE
<i>Tuesday 11-26</i>	Review	Quiz #10
<i>Thursday 11- 28</i>	No Class Thanksgiving	
<i>Tuesday 12-3</i>	Class review and Discussions	
<i>Thurs 12-5 Last day of class</i>		
<i>December 9-13 Final Exam week</i>	12-6 FINAL EXAM	12-6 FINAL

DISCLAIMER: This syllabus is designed to evolve and change throughout the semester based on class progress and interests. You will be notified of any changes as they occur.