

WE NEED SPACE REDUCE THE RISK



MASKS REQUIRED
PROTECT OURSELVES AND
EACH OTHER.

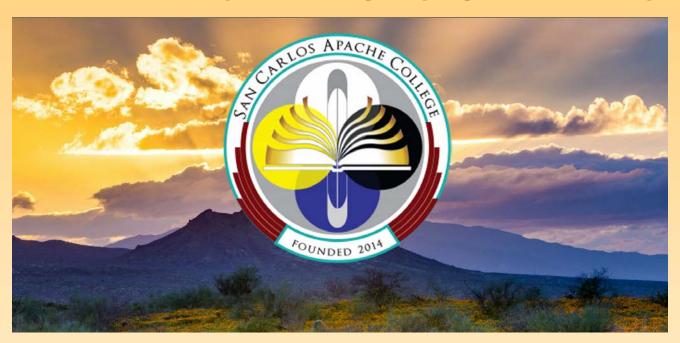


KEEP HANDS CLEAN
WASH YOUR HANDS OFTEN
WITH SOAP & WATER OR USE



SCREENING REQUIRED
KEEP YOUR TERC
STICKER CONSPICUOUS.

# HEALTH SERVICES UPDATES



## Thanksgiving Menu

to Ensure a Safe Holiday

The recommendations below will make for a safer celebration this year. Picking even one will increase your safety. The more you choose, the more you will reduce the risk of spreading COVID-19.

#### Recommendations:

- Celebrate outside in your yard or at a local park.
- Minimize the number of guests, especially those at high risk.
- Physically distance when you can. Only touch or hug those in your immediate household.
- Wear masks if your gathering includes guests from outside your household.
- Celebrate together with your quarantine pod. You can use a tablet and virtual meeting programs to bring family and friends together without exposing one another.
- Wash your hands before and after preparing, serving and eating food.
- Use hand sanitizer. Get in the gift giving spirit early and provide your guests with their own travel size hand sanitizer.

1

- Avoid self-serve or buffets. If sharing food, have one person serve food and use single-use options, like plastic utensils.
- For more tips and guidance, visit azhealth.gov/WinterHolidays

## **COUNCIL MOTION**

REF: TERC Motion YR 2020-11-23-07

Re: UPDATE New COVID-19
Restrictions

November 23, 2020

On Friday, November 20, 2020, the San Carlos Council issued a 2-week stay-at-home mandate, effective November 21st and ending on December 5<sup>th</sup>, with Tuesdays, Thursdays, and Saturdays designated as essential days, and monitored for compliance,

And, the TERC seeks to clarify the motion and recommends the following:

Motion to provide as follows:

- 1. An exception for Wednesday, November 25, 2020;
- 2. "Stay-at-home" means staying within the boundaries of a household's property, provided that a household may engage in exercise along public roads while wearing a mask and maintaining social distancing, but not during curfew hours of 10:00 p.m. to 5:00 a.m. This mandate does not include:
  - A. Essential trips to food vendors, local convenience or grocery stores;
  - B. Medical appointments or emergencies;
  - C. Employees designated by businesses, enterprises or the Tribe's government as "essential employees" or those employees required to return to work, or those who have to commute off-Reservation to work;
  - D. School related requirements;
  - E. Post Office;

2-Week "Stay At Home" Mandate issued by the Council







SDS (Safety Data Sheets) manuals are available in each building. We need to be careful using chemicals for sanitization and mitigation purposes. Follow manufacturer's directions and don't mix chemicals or solvents.

- F. Planning for or attending funerals or burials, provided that crowd size is less than 10;
- G. Deliveries, construction or repairs workers; or,
- H. Those with a valid permit for camping, hunting or fishing; provided that
- I. Anyone found on Reservation roads for any reasons not listed above shall be cited by law enforcement.
- 3. "Essential Days" are those days for travel to purchase essential supplies off-Reservation; non-emergency medical appointments; funerals; or, harvesting wood or foodstuffs for personal use or cultural purposes.
- 5. During this period, the San Carlos Apache Gaming Enterprise casinos hours shall be restricted to and closed during the curfew hours.

# Mandatory Masks: more important than ever!



We must all be responsible for ourselves, or colleagues, and anyone else we may interact with by using our masks as required and practicing social distancing at all times.

Attached: CDC Guidelines



# **Celebrating Thanksgiving**

Accessible version: https://www.cdc.gov/coronavirus/2019-ncov/daily-life-coping/holidays/thanksgiving.html

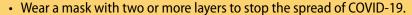


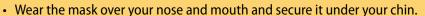
Traditional Thanksgiving gatherings with family and friends are fun but can increase the chances of getting or spreading COVID-19 or the flu. Follow these tips to make your Thanksgiving holiday safer.

The safest way to celebrate Thanksgiving this year is to celebrate with people in your household. If you do plan to spend Thanksgiving with people outside your household, take steps to make your celebration safer.

## **Everyone Can Make Thanksgiving Safer**

#### Wear a mask





• Make sure the mask fits snugly against the sides of your face.

#### Stay at least 6 feet away from others who do not live with you

- Remember that some people without symptoms may be able to spread COVID-19 or flu.
- Keeping 6 feet (about 2 arm lengths) from others is especially important for people who are at higher risk of getting very sick.

## Wash your hands

- Wash hands often with soap and water for at least 20 seconds.
- Keep hand sanitizer with you and use it when you are unable to wash your hands.
- Use hand sanitizer with at least 60% alcohol.









## **Attending a Gathering**

Make your celebration safer. In addition to following the steps that everyone can take to make Thanksgiving safer, take these additional steps while attending a Thanksgiving gathering.

- Bring your own food, drinks, plates, cups, and utensils.
- Wear a mask, and safely store your mask while eating and drinking.
- Avoid going in and out of the areas where food is being prepared or handled, such as in the kitchen.
- Use single-use options, like salad dressing and condiment packets, and disposable items like food containers, plates, and utensils.



## **Hosting a Thanksgiving Gathering**



If having guests to your home, be sure that people follow the steps that everyone can take to make Thanksgiving safer. Other steps you can take include:

- Have a small outdoor meal with family and friends who live in your community.
- Limit the number of guests.
- Have conversations with guests ahead of time to set expectations for celebrating together.
- Clean and disinfect frequently touched surfaces and items between use.
- If celebrating indoors, make sure to open windows.
- Limit the number of people in food preparation areas.
- Have guests bring their own food and drink.
- If sharing food, have one person serve food and use single-use options, like plastic utensils.

## **Thanksgiving Travel**

Travel increases your chance of getting and spreading COVID-19. Staying home is the best way to protect yourself and others.

#### If you do travel

- Check travel restrictions before you go.
- Get your flu shot before you travel.
- Always wear a mask in public settings and on public transportation.
- Stay at least 6 feet apart from anyone who is not in your household.
- Wash your hands often or use hand sanitizer.
- Avoid touching your mask, eyes, nose, and mouth.
- Bring extra supplies, such as masks and hand sanitizer.



### SAN CARLOS APACHE TRIBE

Terry Rambler Tribal Chairman San Carlos Ave. P.O. Box 0 San Carlos, Arizona 85550 (928) 475-1600 FAX (928) 475-2567

Tao Etpison Vice-Chairman



The following is an official Tribal Council Action verified by the Presiding Officer.

Motion 443-2020

Meeting Date: November 20, 2020

Motion by: Valerie Key-Cheney

Motion to approve TERC motion YR-2020-11-20-06 that reads as follows: Continue with current mitigation measures through December 31<sup>st</sup> but to Include a two (2) week Stay-At-Home mandate effective November 21<sup>st</sup> and Ending on December 5<sup>th</sup>, with Tuesdays, Thursdays and Saturdays Designated as essential days and monitored for compliance.

Second by: John Antonio, Jr.

Vote: 6 for; 5 opposed; 0 abstained

Presiding Officer

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Tao Etpison Vice-Chairman



The following is an official Tribal Council Action verified by the Presiding Officer.

Motion 447-2020

Meeting Date: November 23, 2020

Motion by: Bernadette Goode

Motion to approve TERC Motion YR-2020-11-23-07 with adjustments.

Second by: Valerie Key-Cheney

Vote: 8 for; 0 opposed; 0 abstained

Presiding Officer

**COUNCIL MOTION** 

REF: TERC Motion YR 2020-11-23-07
Re: UPDATE New COVID-19 Restrictions

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