



Syllabus: PSY 214 ABNORMAL PSYCHOLOGY

Course Information

Course Prefix/Number: PSY 214-2

Semester: SPRING 2018

Class Days/Times: **Tuesday/Thursday**

5:30pm-7.45pm

Credit Hours: 3

Course Title: Abnormal Psychology

Room: MB 08

Instructor Information:

Name: AMITA UPPAL

Phone/Voice Mail:

E-mail: amitauppal@yahoo.com

Office location: SCAC

Office hours: Monday-Thursday 5.30pm – 7.45pm

Course Description:

This course is an undergraduate level introduction to the concepts of abnormality, mental health and mental illness. It serves as an introduction to the concepts of normality and abnormality in a cultural context. It also covers current diagnostic categorizations of abnormality and treatment of mental illness along with historical perspectives on these diagnoses and treatments. Abnormal psychology examines the causes, diagnosis, assessment, treatment, and possible prevention of mental disorders; including historical and current theoretical perspectives, classification systems, cultural perspectives and ethical issue

Course Objectives:

During this course students will be able to:

1. Demonstrate knowledge of fundamental theoretical perspectives, principles, concepts, vocabulary and methodology of the study of abnormal psychology.

2. Compare and contrast the major theoretical perspectives found in abnormal psychology.
3. Compare and contrast different classifications of psychological disorders and how culture and social changes influence individual's perceptions of these disorders .
4. Critically analyze information pertaining to abnormal psychology found in film, television, radio, print, and IT sources.
5. Describe the relevance of religion, race, class, gender, age, and ethnicity to understanding differences in the prevalence of disorders and the diagnosis, prognosis, and treatment of these disorder.

Student Learning Outcomes (SLOs):

After completion of the course students will be able to:

1. **Apply their knowledge of Abnormal Psychology to adapt to cultural changes in their personal and professional lives.**
2. **Comprehend the relevance of religion, race, class, gender, age, and ethnicity to understanding differences in the prevalence of disorders and the diagnosis, prognosis, and treatment of these disorders.**
3. **Analyze information pertaining to abnormal psychology found in film, television, radio, print, and IT sources in relation to their own lives.**

Course Structure:

The structure of this course is lecture, class activities, student writing, and student presentations. The goal is to provide the student with a broad survey of the field of Psychology but allow the student to research areas of interest more specifically through class activities and assignments.

Texts and Materials:

American Psychiatric Association (2013).
Diagnostic and Statistical Manual of Mental Disorders (5th ed).

Washington, DC: American Psychiatric Publishing Comer, R.J. (2013).
Abnormal Psychology (8th ed). New York, NY: Worth Publishing.
(PDF located on Canvas)

Evaluation and Grading & Assignments:

Evaluation will be based on the following three criteria:

1. Attendance and participation in the class.
2. Passing to semester based exams and comprehensive final exam.
3. Completion of all class activities as assigned throughout the semester.

Attendance and participation (512points, 39% of final grade) :

There are 32 scheduled classes. Each class is worth 16 points for a total of 512 points. In order to get full points students must attend on time (5 points will be deducted for every 5 minutes a student is late for class) and fully participate in the class.

Exams (500 points, 38% of final grade)

Class activities (288 points, 23% of final grade)

Apache Cultural Component: San Carlos Apache College is in the process of developing culturally relevant curriculum and coursework in Apache history, culture, and language. Student and community feedback will guide this process. All SCAC instructors will find ways to incorporate culturally relevant topics and materials into their courses as appropriate.

Policies and expectations-

Classroom behavior/expectations:

This class is a professional adult learning environment, and both the instructor and students are expected to conduct themselves in a manner consistent with respect and academic conduct.

Extra credit/Late work/Make-up rules

Extra credit maybe offered throughout the course, but is not guaranteed.

Late work can only be made up if arrangements are made with the instructor BEFORE the due date of the given work.

Academic dishonesty definition/policy statement:

Plagiarism, cheating and other forms of academic dishonesty are prohibited. Students guilty of academic misconduct, either directly or indirectly, through participation or assistance, are immediately responsible to the instructor of the class. In addition to other possible disciplinary sanctions, which may be imposed through the regular classroom policy and college policy. Cheating in this course is based on the perception of the instructor.

Course Outline:

- 1. Defining Abnormal Psychology and the role of culture**
- 2. Deviant behavior versus psychological dysfunction**
- 3. Assessment and treatment of psychological disorders**
- 4. Childhood and developmental problems**
- 5. Mood**
- 6. Stress and anxiety**
- 7. Mind and body**
- 8. Psychosis**

DISCLAIMER: This syllabus is designed to evolve and change throughout the semester based on class progress and interests. You will be notified of any changes as they occur.

